

## Systematic review

## CIRCULATING TUMOR DNA FOR MOLECULAR RESIDUAL DISEASE DETECTION AND MULTICANCER EARLY DETECTION: A SYSTEMATIC REVIEW

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## ABSTRACT

**Background:** Circulating tumor DNA (ctDNA) is one of the most clinically advanced liquid biopsy technologies in oncology, but its value differs between molecular residual disease (MRD) assessment after curative-intent treatment and multicancer early detection (MCED) in asymptomatic populations.

**Objective:** To evaluate the clinical effectiveness, actionability, and certainty of evidence for ctDNA-based MRD strategies and cfDNA- or ctDNA-based MCED pathways.

**Methods:** The review followed PRISMA 2020 and PRISMA-S. Bibliographic databases and trial registries were searched through July 9, 2026, with a targeted evidence update on July 15, 2026. Two reviewers independently screened records, extracted data, and assessed risk of bias using RoB 2, QUIPS, ROBINS-I, or QUADAS-2 according to study design. Certainty was evaluated using GRADE. Meta-analysis was not undertaken because of substantial clinical and methodological heterogeneity.

**Results:** Fifty-four unique records were screened. Twenty-nine completed reports representing 25 study programs were included in the narrative synthesis, and three ongoing or incompletely published programs were described separately. In the randomized DYNAMIC trial, ctDNA-guided management reduced adjuvant chemotherapy use in stage II colon cancer from 28% to 15%; five-year recurrence-free survival was 88% versus 87%. In IMvigor011, atezolizumab improved disease-free survival in ctDNA-positive muscle-invasive bladder cancer (hazard ratio 0.64, 95% confidence interval 0.47-0.87) and overall survival (hazard ratio 0.59, 95% confidence interval 0.39-0.90). For MCED, PATHFINDER 2 reported 60.3% positive predictive value and 99.6% specificity in a conference abstract, whereas NHS-Galleri did not meet its primary endpoint for reducing stage III-IV cancers.

**Conclusions:** ctDNA has demonstrated clinical utility in selected MRD settings when a prespecified test result is linked to an effective treatment decision. In many other tumors it remains primarily prognostic. MCED testing has shown feasibility and high specificity, but mortality benefit and net population-level benefit remain unproven; broad implementation is therefore premature.

**Keywords:** circulating tumor DNA, ctDNA, liquid biopsy, molecular residual disease, minimal residual disease, multicancer early detection, MCED, systematic review

## 1. Introduction

Liquid biopsy has moved in recent years from a largely experimental concept into the domain of clinically meaningful tools in personalized oncology [1-12]. One of its most extensively studied components is the analysis of circulating tumor DNA, which may reflect the presence of a tumor clone, its molecular features, and disease dynamics [1-2,5-8,10,13]. ctDNA is being evaluated across several clinical uses, including detection of molecular residual disease after curative-intent treatment, early detection of molecular relapse, monitoring of treatment response, and development of blood-based approaches for multicancer early detection [1-24].

The clinical meaning of ctDNA cannot be reduced to the ability to detect tumor-derived DNA fragments in plasma. The more important question is whether test results lead to changes in medical management that improve outcomes or safely reduce unnecessary treatment [14-15,25-28]. This distinction is fundamental in oncology. An analytically sensitive assay may detect a molecular signal accurately, yet still lack demonstrated clinical utility [3-4,9,16-17].

For a ctDNA-guided strategy to be clinically credible, it must show more than an association between a positive result and recurrence risk [1-2,5-8,13,18-22,29]. It must also show an effective downstream action, such as initiation, omission, intensification, or de-escalation of treatment, modification of surveillance, or early therapeutic intervention [14-15,25-28].

Molecular residual disease detection and multicancer early detection represent different clinical scenarios and should not be judged by identical standards. MRD testing is performed in patients with a known cancer diagnosis after treatment given with curative intent [1,5-7,14-15,18-22,26-29]. In this setting, pre-test recurrence risk remains clinically important, and ctDNA detection may serve as a marker of persistent microscopic tumor burden [1-2,5-8,13,18-22,29]. Its potential value lies in improved selection for adjuvant therapy, reduction of treatment intensity in patients at lower risk, escalation of therapy in patients at high molecular risk, or earlier intervention when molecular relapse is detected [14-15,25-28].

Multicancer early detection requires a different evidentiary logic. Unlike MRD testing, MCED is intended for

asymptomatic people or screening-eligible populations [4,9,11,16,23]. Cancer prevalence is substantially lower in this setting. Even high specificity may therefore produce a clinically meaningful number of false-positive results [11,23-24]. Such results may initiate additional diagnostic cascades, including repeat laboratory testing, imaging, invasive procedures, emotional distress, and potential overdiagnosis [11,23-24]. For MCED, it is insufficient to demonstrate detection of a cancer signal or prediction of the tissue of origin [4,9,16-17]. The test must identify clinically meaningful cancers at earlier stages without creating excessive harm, and should ultimately reduce mortality or produce a substantial and durable shift in population-stage distribution [30-31].

This systematic review therefore evaluates ctDNA-based strategies separately for two key domains. The first domain is molecular residual disease detection after potentially curative treatment [1,5-7,14-15,18-22,25-29]. The second is multicancer early detection [4,9,11,16,23-24,30-32]. This separation avoids methodological mixing of distinct clinical tasks and allows a more precise assessment of where ctDNA can already be considered a tool for clinical decision-making and where further testing is required in randomized trials, diagnostic pathway studies, and implementation studies that assess accuracy, outcomes, safety, and health-system feasibility [14-15,27,30-31].

## 2. Methods

### 2.1. Protocol and eligibility criteria

This systematic review was conducted in accordance with PRISMA 2020 and PRISMA-S reporting principles [33-34]. The protocol was not prospectively registered. Eligibility criteria were structured separately for MRD after curative-intent treatment, post-treatment recurrence monitoring, and MCED in asymptomatic or screening-eligible populations.

Eligible MRD studies were randomized trials, prospective interventional studies, and longitudinal prognostic cohorts in solid tumors. For intervention studies, the ctDNA result had to be linked to a prespecified management action, including administration, omission, escalation, or de-escalation of systemic therapy, modification of surveillance, or initiation of treatment at molecular relapse [14-15,21,25-28]. Primary outcomes were recurrence-free survival, disease-free survival, overall survival, recurrence, treatment exposure, and toxicity.

For prognostic MRD studies, ctDNA had to be measured after completion of curative-intent treatment or during serial follow-up and related to subsequent clinical or radiological recurrence [1-2,5-7,13,18-22,29]. Cross-sectional analytical studies without longitudinal clinical outcomes were used only as technological context and were not graded as evidence of clinical effectiveness.

Eligible MCED studies included prospective screening or diagnostic-pathway studies in asymptomatic or screening-eligible participants with reported diagnostic resolution after a positive result [11,23-24,30,32]. Case-control classifier-development studies and biobank-only validation studies were retained as supporting evidence for analytical or diagnostic validity but were not treated as independent evidence of population screening benefit [3-4,8-10,12,16-17].

Exclusion criteria were hematologic malignancies, single case reports, technical reports without clinically interpretable outcomes, commercial or news materials, reviews without original data, and publications without transparent methods. Ongoing programs without any effectiveness or diagnostic-performance results were described separately and were excluded from risk-of-bias and GRADE assessments. Conference abstracts reporting outcome data were appraised provisionally using the information available at the review cutoff, with limitations related to incomplete reporting incorporated into risk-of-bias and certainty judgments

### 2.2. Information sources and search strategy

The main search was conducted from database inception to July 9, 2026 in MEDLINE via PubMed, Embase via Elsevier, Scopus, Web of Science Core Collection, and the Cochrane Central Register of Controlled Trials. Trial searches covered ClinicalTrials.gov, WHO ICTRP, ISRCTN, and jRCT. A targeted update search on July 15, 2026 was undertaken to identify newly published reports and major 2026 conference abstracts, including ALTAIR, PATHFINDER 2, and NHS-Galleri. Complete source-specific strategies are provided in Supplementary Table S1.

Search concepts combined circulating tumor DNA, cell-free DNA, liquid biopsy, molecular or minimal residual disease, recurrence or surveillance, multicancer early detection, solid tumors, and cancer. No date restriction was applied in the main search. English-language and human-study limits were applied where supported by the platform. Conference abstracts were retained only when they represented the most recent report of a major ongoing program and were clearly identified as non-peer-reviewed evidence.

### 2.3. Study selection and data management

Records were managed in a reference-management workspace. Deduplication used DOI, PMID, normalized title, first author, publication year, and trial registration identifier. Registry entries were linked to publications but retained as separate records when they supplied current recruitment or reporting status.

The complete executable search strategies are reported in Supplementary Table S1 rather than repeated in the main text.

After deduplication, 54 unique records were available for screening, comprising 42 bibliographic records and 12 trial-registry records. Screening was performed independently by two reviewers, with disagreements resolved by discussion and, when necessary, adjudication by a third reviewer.

### 2.4. Data extraction

Two reviewers independently extracted bibliographic details, tumor type and stage, study design, sample size, assay type, tumor-informed or tumor-agnostic approach, sampling time, clinical decision algorithm, comparator, endpoint definitions, numerical effect estimates with confidence intervals, follow-up, publication status, funding, and conflicts of interest. The completed study-level extraction table is provided in Supplementary Table S3, and the reusable extraction template is provided in Supplementary Table S7.

MRD outcomes included recurrence-free survival, disease-free survival, overall survival, molecular clearance, treatment exposure, and toxicity. MCED outcomes included cancer signal detection rate, sensitivity, specificity, positive predictive value, cancer signal origin accuracy, diagnostic resolution, false-positive investigations, invasive procedures, psychosocial outcomes, and stage distribution.

## 2.5. Risk of bias and certainty of evidence

Randomized trials were assessed with RoB 2 and classified as low risk, some concerns, or high risk [35]. Prognostic factor studies were assessed with QUIPS [36]. Non-randomized studies estimating effects of interventions were assessed with ROBINS-I [37]. Diagnostic accuracy and diagnostic-pathway studies were assessed with QUADAS-2 [38]. Domain-level judgments are reported in Supplementary Table S4.

Certainty of evidence was evaluated by outcome using GRADE domains: risk of bias, inconsistency, indirectness, imprecision, and publication bias [39]. Because several questions were informed by a single randomized trial or by heterogeneous observational cohorts, certainty ratings were not inferred directly from study design. The evidence profile is reported in Supplementary Table S5.

## 2.6. Data synthesis

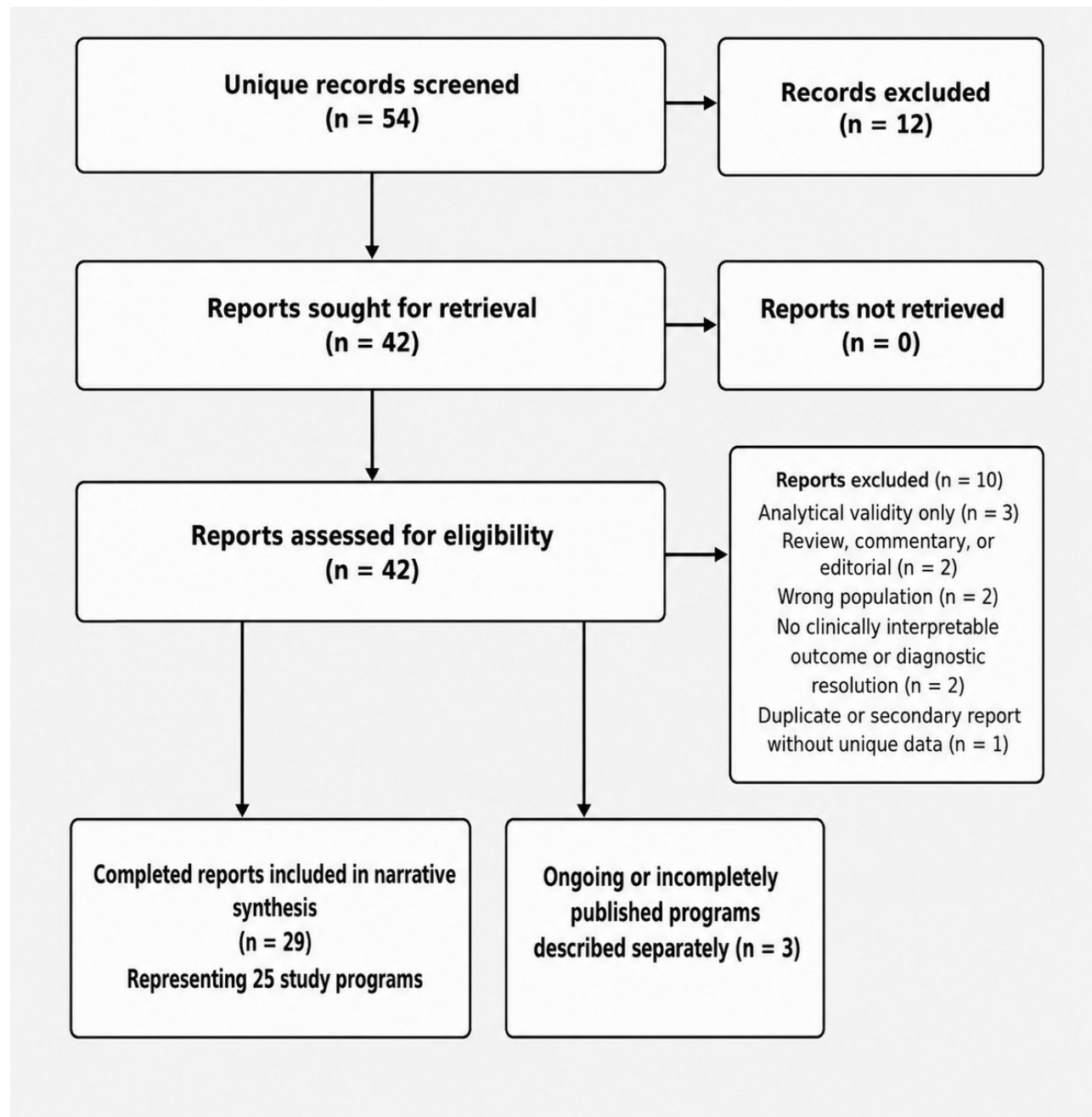
A structured narrative synthesis was performed. MRD-guided interventional studies, prognostic and observational MRD evidence, MCED diagnostic pathway studies, and studies of harm, economic consequences, and implementation were evaluated separately. Interpretation prioritized not only analytical or diagnostic accuracy, but also the presence of a complete clinical chain. This chain required detection of a molecular signal, change in clinical decision-making, delivery of a defined intervention, and impact on outcomes or potential harm.

The completed PRISMA 2020 checklist is provided in Supplementary Table S6.

## 3. Results

### 3.1. Study selection

A total of 54 unique records entered title, abstract, or registry screening. Twelve records were excluded at this stage, leaving 42 reports that were sought and retrieved for full-text assessment. Ten reports were excluded after full-text review. Twenty-nine completed reports representing 25 study programs were included in the narrative synthesis, while three ongoing or incompletely published programs were described separately. The study-selection process is shown in Figure 1. Full-text exclusion categories are provided in Supplementary Table S2.



**Figure 1. PRISMA 2020 flow diagram**

### 3.2. Characteristics of included studies

The completed evidence was divided into MRD-guided intervention studies, longitudinal prognostic MRD studies, MCED diagnostic-pathway studies, and analytical or classifier-validation studies used as supporting context. Key characteristics are summarized in Table 1, and full extraction is provided in Supplementary Table S3.

The most clinically actionable evidence came from DYNAMIC in stage II colon cancer and IMvigor011 in ctDNA-positive muscle-invasive bladder cancer [14-15,27]. DYNAMIC demonstrated a reduction in chemotherapy exposure without an apparent loss of recurrence-free survival, whereas IMvigor011 demonstrated improved disease-free and overall survival with biomarker-selected adjuvant atezolizumab. DYNAMIC-III and ALTAIR showed that detection of molecular residual disease does not guarantee benefit from escalation or treatment at molecular recurrence [26,28].

**Table 1. Selected key characteristics of completed studies included in the clinical synthesis**

| Study                    | Population/sample         | Design and assay                  | Endpoint          | Interpretation                                                          |
|--------------------------|---------------------------|-----------------------------------|-------------------|-------------------------------------------------------------------------|
| Garcia-Murillas 2015 [1] | Early breast cancer; n=55 | Prospective tumor-informed cohort | Molecular relapse | ctDNA anticipated clinical relapse and established prognostic validity. |

| Study                                    | Population/sample                            | Design and assay                           | Endpoint                                        | Interpretation                                                                    |
|------------------------------------------|----------------------------------------------|--------------------------------------------|-------------------------------------------------|-----------------------------------------------------------------------------------|
| TRACERx 2017/2023 [2,13]                 | Early NSCLC; prospective cohort              | Tumor-informed phylogenetic ctDNA          | Relapse and dissemination                       | Strong biological and prognostic evidence; treatment actionability not tested.    |
| Reinert 2019 [5]                         | Stage I-III CRC; n=130                       | Prospective ultradeep sequencing           | Postsurgical recurrence                         | Postoperative ctDNA strongly stratified recurrence risk.                          |
| Christensen 2019 [6]                     | Bladder cancer; n=68                         | Longitudinal tumor-informed cfDNA          | Metastatic relapse                              | Molecular relapse preceded clinical progression in many patients.                 |
| Coombes 2019 [7]                         | Early breast cancer; n=49                    | Personalized serial ctDNA                  | Metastatic recurrence                           | ctDNA frequently preceded metastatic recurrence.                                  |
| IMvigor010 biomarker analysis 2021 [18]  | Resected MIBC; randomized-trial biospecimens | Exploratory ctDNA subgroup analysis        | Adjuvant atezolizumab interaction               | Hypothesis-generating predictive signal; prospective confirmation required.       |
| Loupakis 2021 [19]                       | CRC after metastasectomy; n=112              | Personalized ctDNA cohort                  | MRD and recurrence                              | Post-resection ctDNA associated with high recurrence risk.                        |
| Magbanua 2021 [20]                       | Neoadjuvant-treated breast cancer; n=84      | Prospective serial ctDNA                   | Response and survival                           | ctDNA dynamics reflected response and prognosis.                                  |
| DYNAMIC 2022/2025 [14-15]                | Stage II colon cancer; n=455                 | Randomized ctDNA-guided strategy           | Chemotherapy use and RFS                        | Reduced chemotherapy exposure with comparable 2- and 5-year RFS.                  |
| GALAXY/CIRCULATE-Japan 2023/2024 [21,29] | Resectable CRC; n=1,039 and expanded cohort  | Prospective observational platform         | MRD, DFS, OS, ACT interaction                   | Strong prognostic evidence; treatment interaction remains observational.          |
| c-TRAK TN 2023 [25]                      | High-risk early TNBC; n=208                  | Prospective surveillance/intervention      | ctDNA-triggered pembrolizumab                   | Illustrated limitations of late molecular detection and weak intervention uptake. |
| DYNAMIC-III 2025 [26]                    | Stage III colon cancer; n=968 evaluable      | Randomized strategy trial                  | Risk-adjusted adjuvant therapy                  | Prognostic separation was strong; escalation benefit was not established.         |
| IMvigor011 2025 [27]                     | ctDNA-positive MIBC; n=250 randomized        | Phase III double-blind RCT                 | DFS and OS                                      | Atezolizumab improved DFS and OS versus placebo.                                  |
| ALTAIR 2026 [28]                         | ctDNA-positive resected CRC; n=243           | Phase III double-blind RCT                 | DFS after molecular recurrence                  | Primary DFS endpoint not met; toxicity substantial.                               |
| Martin-Arana 2025 [22]                   | Localized stage II-III colon cancer          | Tumor-agnostic plasma WES                  | MRD sensitivity and relapse biology             | Promising detection method; external clinical validation required.                |
| DETECT-A 2020 [11]                       | Asymptomatic women; n=10,006                 | Prospective blood test plus PET-CT pathway | Feasibility and diagnostic resolution           | Feasible pathway without mortality endpoint.                                      |
| PATHFINDER 2023/2025 [23-24]             | Screening-eligible adults; n=6,662           | Prospective MCED return-of-results cohort  | Diagnostic resolution and psychosocial outcomes | Feasible pathway; false-positive work-up and anxiety remain relevant.             |
| CCGA validation 2020/2021 [9,16]         | Multiple cancers and controls                | Targeted methylation classifier validation | Sensitivity, specificity, tissue of origin      | Diagnostic validation, not population outcomes evidence.                          |

MCED evidence included DETECT-A, PATHFINDER, PATHFINDER 2, NHS-Galleri, CCGA validation studies, and related diagnostic-pathway or psychosocial analyses [9,11,16,23-24,30,32]. These studies support feasibility, high specificity, and targeted diagnostic routing, but they differ in

design and endpoint. PATHFINDER 2 and NHS-Galleri were available as 2026 conference abstracts and were therefore treated as preliminary evidence pending full peer-reviewed reports [30,32]. Key numerical findings and their clinical interpretation are summarized in Table 2.

**Table 2. Key numerical results and clinical conclusions**

| Study/program     | Sample size                             | Primary endpoint                                     | Main numerical result                                                                             | Clinical conclusion                                           |
|-------------------|-----------------------------------------|------------------------------------------------------|---------------------------------------------------------------------------------------------------|---------------------------------------------------------------|
| DYNAMIC [14-15]   | 455 randomized                          | Chemotherapy use; RFS                                | Chemotherapy 15% vs 28%; 2-y RFS 93.5% vs 92.4%; 5-y RFS 88% vs 87%                               | Supports de-escalation in stage II colon cancer.              |
| DYNAMIC-III [26]  | 968 evaluable                           | 3-y RFS in ctDNA-negative; 2-y RFS in ctDNA-positive | 72.5% were ctDNA-negative; strong prognostic separation; escalation superiority not established   | Not a basis for universal escalation/de-escalation.           |
| GALAXY [21,29]    | 1,039 initial; expanded cohort          | DFS/OS and ACT interaction                           | Postoperative ctDNA strongly associated with recurrence; treatment interaction observational      | High prognostic value; causal treatment inference limited.    |
| c-TRAK TN [25]    | 208 enrolled                            | ctDNA detection and pembrolizumab response           | ctDNA detected in 27.3%; many had radiographic metastases; no ctDNA clearance in treated subgroup | Cautionary actionability evidence.                            |
| IMvigor011 [27]   | 761 monitored; 250 randomized           | DFS and OS                                           | DFS 9.9 vs 4.8 mo, HR 0.64 (0.47-0.87); OS 32.8 vs 21.1 mo, HR 0.59 (0.39-0.90)                   | Direct evidence of MRD-guided treatment benefit.              |
| ALTAIR [28]       | 243 randomized                          | DFS                                                  | Median DFS 9.30 vs 5.55 mo; HR 0.79 (0.60-1.05); P=0.107                                          | Primary endpoint not met.                                     |
| DETECT-A [11]     | 10,006                                  | Cancer detection pathway                             | Prospective blood test plus PET-CT pathway; mortality not assessed                                | Feasibility only.                                             |
| PATHFINDER [23]   | 6,662                                   | Diagnostic resolution                                | Median resolution 79 d; true-positive 57 d; false-positive 162 d                                  | Feasibility with substantial downstream testing.              |
| PATHFINDER 2 [32] | 35,878 enrolled; 32,007 performance set | PPV, specificity, sensitivity, resolution            | PPV 60.3%; specificity 99.6%; all-cancer sensitivity 39.3%; median resolution 48 d                | Conference-level performance evidence; no mortality endpoint. |
| NHS-Galleri [30]  | 142,924 randomized                      | Stage III-IV cancer incidence                        | Primary endpoint not met: 706 vs 688 events; IRR 1.03; stage IV reduction secondary               | No definitive population implementation conclusion.           |
| Vanguard [31]     | Active feasibility trial                | Recruitment and diagnostic logistics                 | No effectiveness result available                                                                 | Designed to inform a future definitive RCT.                   |

### 3.3. Evidence for MRD-guided interventions

In DYNAMIC, 455 patients with stage II colon cancer were randomized. Chemotherapy was administered to 15% of the ctDNA-guided group and 28% of the standard-management group. Two-year recurrence-free survival was 93.5% versus 92.4%, and at a median follow-up of 59.7 months five-year recurrence-free survival was 88% versus 87% [14-15]. The clinical contribution of the strategy was therefore reduced treatment exposure without an apparent survival penalty, rather than improved survival.

In IMvigor011, 761 patients entered serial ctDNA surveillance and 250 ctDNA-positive patients were randomized to atezolizumab or placebo. Median disease-free survival was 9.9 versus 4.8 months (hazard ratio 0.64, 95% confidence interval 0.47-0.87), and median overall survival was 32.8 versus 21.1 months (hazard ratio 0.59, 95% confidence interval 0.39-0.90) [27]. This provides direct evidence that an MRD result can select a population in which a defined intervention improves outcomes.

DYNAMIC-III enrolled 968 evaluable patients with stage III colon cancer and confirmed marked prognostic separation by postoperative ctDNA status, but the ctDNA-guided escalation component did not establish superior recurrence-free survival [26]. In ALTAIR, 243 ctDNA-positive patients were randomized after curative-intent treatment; trifluridine-tipiracil did not significantly improve the primary disease-free survival endpoint compared with placebo (median 9.30

versus 5.55 months; hazard ratio 0.79, 95% confidence interval 0.60-1.05) and produced substantial grade 3 or higher toxicity [28].

### 3.4. Prognostic and observational MRD evidence

Across colorectal cancer, early-stage non-small cell lung cancer, breast cancer, and bladder cancer, postoperative ctDNA positivity was consistently associated with increased recurrence risk and often preceded clinical or radiological progression [1-2,5-7,13,18-22,29]. The magnitude of association varied by assay, sampling time, tumor shedding, treatment exposure, and endpoint definition.

Prognostic discrimination is not equivalent to clinical benefit. c-TRAK TN illustrated this distinction: ctDNA was detected in 27.3% of 208 enrolled patients, but many already had radiologically detectable metastatic disease at molecular detection and pembrolizumab did not produce ctDNA clearance in the small treated group [25]. Negative ctDNA also cannot fully exclude recurrence, particularly in low-shedding tumors or sanctuary sites.

### 3.5. Evidence on MCED

DETECT-A enrolled 10,006 women and demonstrated that a multi-analyte blood test followed by PET-CT could be incorporated into a prospective diagnostic pathway [11]. PATHFINDER enrolled 6,662 participants; among participants with a cancer signal detected result, median time to diagnostic resolution was 79 days, and false-positive participants underwent substantial laboratory and imaging

evaluation [23]. These studies established feasibility but were not designed to demonstrate mortality reduction.

PATHFINDER 2 enrolled 35,878 participants; the 2026 ASCO abstract reported 287 positive tests among 32,007 participants with 12-month cancer assessment, 173 confirmed cancers, positive predictive value of 60.3%, specificity of 99.6%, and median diagnostic resolution of 48 days [32]. NHS-Galleri randomized 142,924 participants. Its primary endpoint - a statistically significant reduction in stage III-IV cancers across 12 prespecified cancers - was not met (706 versus 688 events; incidence rate ratio 1.03), although reductions in stage IV disease and increases in stage I-II diagnoses were reported as secondary findings [30]. The NCI Vanguard Study remains an active feasibility study for a future definitive randomized trial [31].

### 3.6. Clinical applicability of ctDNA and cfDNA

Clinical applicability requires a complete chain from molecular detection to a valid decision, an effective intervention, and improved patient-important outcomes. DYNAMIC and IMvigor011 satisfy this chain in defined settings [14-15,27]. DYNAMIC-III, c-TRAK TN, and ALTAIR show why the result cannot be generalized across tumors or interventions [25-26,28].

For MCED, current evidence supports pathway feasibility and high specificity but not mortality reduction. Conference-

level results from PATHFINDER 2 improve estimates of diagnostic performance, while NHS-Galleri provides randomized evidence that the prespecified late-stage primary endpoint was not met [30,32]. Implementation decisions must therefore consider false-positive investigations, overdiagnosis, costs, capacity for confirmatory diagnostics, and equity of access.

### 4. Risk of bias

RoB 2 judgments were low risk or some concerns for the principal randomized trials [35]. DYNAMIC and IMvigor011 had low overall risk for their primary endpoints [14,27]. DYNAMIC-III and ALTAIR were judged as some concerns because interpretation depended on complex strategy algorithms, incomplete maturity for some endpoints, or reliance on exploratory subgroup and sensitivity analyses [26,28].

QUIPS, ROBINS-I, and QUADAS-2 assessments identified moderate or serious limitations in many non-randomized studies, particularly confounding, heterogeneous sampling schedules, selective analysis, spectrum effects, verification bias, and incomplete assessment of false-negative participants [36-38]. Table 3 summarizes overall judgments; domain-level assessments are provided in Supplementary Table S4.

**Table 3. Risk of bias**

| Study/evidence group           | Design and tool                               | Overall judgment    | Main concern                                                                          |
|--------------------------------|-----------------------------------------------|---------------------|---------------------------------------------------------------------------------------|
| DYNAMIC [14]                   | RCT; RoB 2                                    | Low risk            | Open-label strategy but objective outcomes and prespecified analysis.                 |
| DYNAMIC 5-y follow-up [15]     | Extended RCT follow-up; RoB 2                 | Some concerns       | Some post hoc ctDNA-clearance analyses.                                               |
| DYNAMIC-III [26]               | Randomized strategy trial; RoB 2              | Some concerns       | Complex prespecified escalation/de-escalation algorithms and subgroup interpretation. |
| ALTAIR [28]                    | Phase III RCT; RoB 2                          | Some concerns       | Primary endpoint negative; central review and subgroup findings exploratory.          |
| IMvigor011 [27]                | Phase III RCT; RoB 2                          | Low risk            | Double-blind design and objective primary endpoint.                                   |
| GALAXY [21,29]                 | Prospective observational; QUIPS/ROBINS-I     | Moderate to serious | Confounding in estimates of ACT benefit.                                              |
| IMvigor010 ctDNA analysis [18] | Exploratory biomarker analysis; ROBINS-I      | Serious             | Post hoc subgroup and treatment interaction.                                          |
| c-TRAK TN [25]                 | Prospective intervention cohort; ROBINS-I     | Serious             | Small treated subgroup and overt disease at ctDNA detection.                          |
| TRACERx [2,13]                 | Prospective prognostic cohort; QUIPS          | Moderate            | Selection and assay-timing limitations; no intervention test.                         |
| Breast MRD cohorts [1,7,20]    | Prognostic cohorts; QUIPS                     | Moderate            | Small samples and heterogeneous timing.                                               |
| DETECT-A [11]                  | Diagnostic pathway; QUADAS-2                  | Moderate            | Verification and pathway effects; no randomized outcome endpoint.                     |
| PATHFINDER [23-24]             | Diagnostic pathway; QUADAS-2                  | Moderate            | No randomized control and incomplete long-term verification of negatives.             |
| PATHFINDER 2 [32]              | Conference abstract; QUADAS-2 framework       | Some concerns       | Incomplete peer-reviewed reporting at cutoff.                                         |
| NHS-Galleri [30]               | Randomized screening trial; RoB 2 preliminary | Some concerns       | Conference-level reporting and immature mortality follow-up.                          |
| CCGA/Klein [9,16]              | Classifier validation; QUADAS-2               | Moderate            | Spectrum and case-control applicability concerns.                                     |

| Study/evidence group | Design and tool            | Overall judgment | Main concern                                          |
|----------------------|----------------------------|------------------|-------------------------------------------------------|
| Kim 2023 [17]        | Classifier study; QUADAS-2 | High risk        | External intended-use population validation required. |

5. Certainty of evidence

Certainty was moderate for ctDNA-guided de-escalation in stage II colon cancer because the evidence is based primarily on one randomized strategy trial with a relatively wide non-inferiority margin, despite consistent five-year follow-up [14-15]. Certainty was high for the relative disease-free and overall survival effects of atezolizumab among ctDNA-positive patients in IMvigor011, but applicability remains limited to the studied disease, assay, and treatment context [27].

For other MRD settings, certainty was low to moderate. Prognostic associations were consistent, but direct evidence that a ctDNA-triggered intervention improves patient-important outcomes was limited or negative [1-2,5-7,13,18-22,25-26,28-29].

For MCED, certainty was moderate for diagnostic-pathway feasibility and low or very low for reduction in late-stage disease or mortality. PATHFINDER 2 and NHS-Galleri were conference reports at the review cutoff, and the NHS-Galleri primary endpoint was not met [30,32]. The complete GRADE profile is provided in Supplementary Table S5. Outcome-level certainty ratings are summarized in Table 4.

Table 4. Certainty of evidence

| Finding                                                                | Evidence base                                                   | Certainty       | GRADE rationale                                                                                                   | Conclusion                                               |
|------------------------------------------------------------------------|-----------------------------------------------------------------|-----------------|-------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|
| ctDNA-guided de-escalation in stage II colon cancer [14-15]            | RCT plus 5-y follow-up                                          | Moderate        | No serious inconsistency; some indirectness and imprecision from single strategy trial and non-inferiority margin | Reduced chemotherapy without apparent RFS/OS loss.       |
| ctDNA-guided atezolizumab in ctDNA-positive MIBC [27]                  | Phase III RCT                                                   | High            | Low risk of bias; precise DFS and OS effects; limited setting-specific applicability                              | Improved DFS and OS.                                     |
| ctDNA-guided strategy in stage III colon cancer [26]                   | Randomized strategy trial                                       | Low to moderate | Complex intervention, phase 2 escalation component, imprecision                                                   | Prognostic value high; strategy benefit not established. |
| Treatment at molecular recurrence [25,28]                              | Prospective intervention study plus phase III RCT               | Low             | Inconsistent interventions, imprecision, negative primary endpoint                                                | Detection alone does not ensure benefit.                 |
| Post-treatment MRD prognosis across solid tumors [1-2,5-7,13,18-22,29] | Multiple prospective cohorts                                    | Moderate        | Consistent direction but heterogeneity and confounding                                                            | Strong prognostic value.                                 |
| MCED diagnostic-pathway feasibility [11,23-24,32]                      | Prospective pathway studies; one conference report              | Moderate        | No mortality endpoint; indirectness for screening benefit                                                         | Feasibility and high specificity supported.              |
| MCED reduction in late-stage cancer or mortality [30]                  | One large randomized trial reported in conference abstract form | Very low to low | Primary endpoint not met; mortality immature; incomplete reporting                                                | Broad implementation remains premature.                  |

6. Discussion

This review separates analytical validity, prognostic validity, and clinical utility. ctDNA is clinically actionable only when the test identifies a population for whom a defined management strategy produces net benefit. DYNAMIC and IMvigor011 are the clearest examples, but they support setting-specific decisions rather than universal ctDNA-guided oncology [14-15,27].

MCED evidence has advanced from retrospective classifier validation to prospective pathways and a large randomized trial [11,23,30,32]. Nevertheless, the evidentiary standard for population screening is not satisfied by specificity, positive predictive value, or stage distribution alone. The failure of NHS-Galleri to meet its primary stage III-IV endpoint strengthens the need for mature mortality follow-up, transparent assessment of harms, and replication independent of test manufacturers [30].

The practical implication is that ctDNA and cfDNA tests provide clinical information rather than treatment. Their value

depends on timing, assay sensitivity, tumor biology, availability of effective interventions, and the capacity of the health system to resolve positive findings without disproportionate harm.

7. Limitations

First, the review was based on aggregate published data and did not have access to individual participant data. Second, clinical and methodological heterogeneity precluded a defensible meta-analysis. Third, several 2026 findings were available only as conference abstracts and should be updated when full peer-reviewed reports appear. Fourth, certainty judgments remain sensitive to the choice of outcome and to the distinction between prognostic performance and treatment effect.

8. Conclusions

ctDNA has demonstrated clinical utility in selected solid-tumor MRD settings. The strongest evidence supports reduced chemotherapy exposure in stage II colon cancer without an apparent loss of recurrence-free survival and improved disease-free and overall survival with

atezolizumab in ctDNA-positive muscle-invasive bladder cancer [14-15,27]. In most other settings, ctDNA remains a powerful prognostic biomarker whose optimal treatment response has not been established.

MCED should not be described as an established population screening method. Prospective studies support feasibility and high specificity, but NHS-Galleri did not meet its prespecified primary late-stage endpoint, and mortality benefit remains unknown [11,23,30-32]. Future implementation requires randomized evidence of net benefit, mature mortality outcomes, acceptable false-positive and overdiagnosis burdens, and feasible diagnostic pathways.

## Funding

The source manuscript did not include a completed funding declaration.

## Conflicts of interest

The source manuscript did not include a completed conflict-of-interest declaration.

## Data availability

All study-level data used in the narrative synthesis, search strategies, exclusion categories, risk-of-bias judgments, GRADE assessments, and the completed PRISMA checklist are provided in the manuscript and Supplementary Tables S1-S7.

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## Supplementary material

**Supplementary Table S1. Complete search strategies**

| Source/platform                | Search date                           | Coverage and limits                                            | Executable strategy                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
|--------------------------------|---------------------------------------|----------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| MEDLINE via PubMed             | 9 Jul 2026; update 15 Jul 2026        | Inception to search date; humans; English at screening         | (("circulating tumor DNA"[tiab] OR "circulating tumour DNA"[tiab] OR ctDNA[tiab] OR "cell-free DNA"[tiab] OR cfDNA[tiab] OR "liquid biopsy"[tiab]) AND ("molecular residual disease"[tiab] OR "minimal residual disease"[tiab] OR recurrence[tiab] OR relapse[tiab] OR surveillance[tiab] OR "multi-cancer early detection"[tiab] OR multicancer[tiab]) AND (cancer[tiab] OR tumor*[tiab] OR tumour*[tiab] OR neoplasm*[tiab])) NOT (leukemia[tiab] OR lymphoma[tiab] OR myeloma[tiab]) |
| Embase via Elsevier            | 9 Jul 2026                            | Inception to search date; humans; English at screening         | ('circulating tumor DNA'/exp OR 'cell free DNA'/exp OR 'liquid biopsy'/exp OR ctdna:ti,ab,kw OR cfDNA:ti,ab,kw) AND ('molecular residual disease':ti,ab,kw OR 'minimal residual disease'/exp OR recurrence:ti,ab,kw OR relapse:ti,ab,kw OR surveillance:ti,ab,kw OR 'multi-cancer early detection':ti,ab,kw OR multicancer:ti,ab,kw) AND 'neoplasm'/exp NOT ('leukemia'/exp OR 'lymphoma'/exp OR 'multiple myeloma'/exp)                                                                |
| Scopus                         | 9 Jul 2026                            | Inception to search date; article or conference paper; English | TITLE-ABS-KEY((ctdna OR "circulating tumor DNA" OR "circulating tumour DNA" OR cfDNA OR "cell-free DNA" OR "liquid biopsy") AND ("molecular residual disease" OR "minimal residual disease" OR recurrence OR relapse OR surveillance OR "multi-cancer early detection" OR multicancer) AND (cancer OR tumor OR tumour OR neoplasm)) AND NOT TITLE-ABS-KEY(leukemia OR lymphoma OR myeloma)                                                                                              |
| Web of Science Core Collection | 9 Jul 2026                            | Inception to search date; English                              | TS=((ctDNA OR "circulating tumor DNA" OR "circulating tumour DNA" OR cfDNA OR "cell-free DNA" OR "liquid biopsy") AND ("molecular residual disease" OR "minimal residual disease" OR recurrence OR relapse OR surveillance OR "multi-cancer early detection" OR multicancer) AND (cancer OR tumor OR tumour OR neoplasm)) NOT TS=(leukemia OR lymphoma OR myeloma)                                                                                                                      |
| Cochrane CENTRAL               | 9 Jul 2026                            | Inception to search date                                       | (ctDNA OR "circulating tumor DNA" OR cfDNA OR "cell-free DNA" OR "liquid biopsy") AND ("molecular residual disease" OR "minimal residual disease" OR recurrence OR relapse OR "multi-cancer early detection" OR multicancer) AND (cancer OR tumor OR neoplasm)                                                                                                                                                                                                                          |
| ClinicalTrials.gov             | 9 Jul 2026; status update 15 Jul 2026 | All study types and statuses                                   | ("circulating tumor DNA" OR ctDNA OR "cell-free DNA" OR cfDNA OR "liquid biopsy") AND ("molecular residual disease" OR "minimal residual disease" OR recurrence OR relapse OR "multi-cancer early detection" OR multicancer)                                                                                                                                                                                                                                                            |
| WHO ICTRP, ISRCTN, JRCT        | 9 Jul 2026                            | All statuses                                                   | Equivalent combinations of ctDNA/cfDNA/liquid biopsy with MRD/recurrence/MCED terms, adapted to each interface                                                                                                                                                                                                                                                                                                                                                                          |

**Supplementary Table S2. Full-text exclusion categories**

| Reason for exclusion                                                                | Number of reports |
|-------------------------------------------------------------------------------------|-------------------|
| Analytical validity or classifier development without longitudinal clinical outcome | 3                 |
| Review, commentary, or editorial without original eligible data                     | 2                 |
| Wrong population, including hematologic malignancy or non-screening population      | 2                 |
| No clinically interpretable outcome or no diagnostic resolution                     | 2                 |
| Duplicate or secondary report without unique extractable data                       | 1                 |

*A citation-level exclusion log should be retained with the review archive.*

**Supplementary Table S3. Study-level data extraction**

| Report                      | Cancer/<br>domain        | Design                             | Sample                    | Assay                               | Endpoint                    | Main result                                     | Evidence role          |
|-----------------------------|--------------------------|------------------------------------|---------------------------|-------------------------------------|-----------------------------|-------------------------------------------------|------------------------|
| Garcia-Murillas 2015 [1]    | Breast                   | Prospective cohort                 | 55                        | Tumor-informed mutation tracking    | Relapse prediction          | ctDNA anticipated relapse                       | Prognostic             |
| Abbosh 2017 [2]             | NSCLC                    | Prospective translational cohort   | 100                       | Tumor-informed phylogenetic assay   | Relapse dynamics            | ctDNA tracked tumor evolution                   | Prognostic             |
| Phallen 2017 [3]            | Pan-cancer               | Validation cohort                  | 200+                      | Targeted ctDNA sequencing           | Early detection             | Technical feasibility                           | Analytical context     |
| Cohen 2018 [4]              | Eight cancers            | Case-control validation            | 1,005                     | CancerSEEK multi-analyte            | Detection/localization      | Feasibility; no outcomes                        | Diagnostic context     |
| Reinert 2019 [5]            | CRC                      | Prospective cohort                 | 130                       | Ultradeep tumor-informed sequencing | Postsurgical recurrence     | Strong prognostic association                   | Prognostic             |
| Christensen 2019 [6]        | Bladder                  | Prospective cohort                 | 68                        | Tumor-informed cfDNA                | Metastatic relapse          | Molecular lead time                             | Prognostic             |
| Coombes 2019 [7]            | Breast                   | Prospective cohort                 | 49                        | Personalized ctDNA                  | Metastatic recurrence       | ctDNA antedated recurrence                      | Prognostic             |
| Cristiano 2019 [8]          | Pan-cancer               | Classifier validation              | 236 cancers plus controls | Fragmentomics                       | Cancer detection            | Technical validation                            | Analytical context     |
| Liu/CCGA 2020 [9]           | Pan-cancer               | Validation study                   | 6,689                     | Targeted methylation                | Sensitivity/specificity/CSO | High specificity; stage-dependent sensitivity   | Diagnostic context     |
| Zviran 2020 [10]            | Pan-cancer               | Method validation                  | multiple cohorts          | Genome-wide cfDNA integration       | Ultrasensitive monitoring   | Technical performance                           | Analytical context     |
| Lennon/DETECT-A 2020 [11]   | MCED                     | Prospective interventional         | 10,006                    | Multi-analyte test plus PET-CT      | Diagnostic pathway          | Feasible; mortality not assessed                | Pathway                |
| Chen 2020 [12]              | Pan-cancer               | Nested case-control                | 605 samples               | Methylation blood test              | Prediagnostic detection     | Signal before diagnosis; design indirect        | Analytical context     |
| Powles/IMvigor010 2021 [18] | MIBC                     | Exploratory RCT biomarker analysis | 581 biomarker-evaluable   | Tumor-informed ctDNA                | Treatment interaction       | Hypothesis-generating benefit in ctDNA-positive | Predictive exploratory |
| Loupakis 2021 [19]          | Metastatic CRC resection | Prospective cohort                 | 112                       | Personalized ctDNA                  | MRD and recurrence          | Strong recurrence stratification                | Prognostic             |
| Magbanua 2021 [20]          | Breast                   | Prospective cohort                 | 84                        | Tumor-informed ctDNA                | Response/survival           | ctDNA dynamics prognostic                       | Prognostic             |

| Report                           | Cancer/<br>domain | Design                                | Sample            | Assay                         | Endpoint                    | Main result                                    | Evidence role                            |
|----------------------------------|-------------------|---------------------------------------|-------------------|-------------------------------|-----------------------------|------------------------------------------------|------------------------------------------|
| Tie/DYNAMIC 2022 [14]            | Stage II colon    | Randomized strategy trial             | 455               | Tumor-informed ctDNA          | Chemotherapy use; RFS       | 15% vs 28% chemotherapy; noninferior 2-y RFS   | Actionable                               |
| Tie/DYNAMIC follow-up 2025 [15]  | Stage II colon    | Extended RCT follow-up                | 455               | Tumor-informed ctDNA          | 5-y RFS/OS                  | RFS 88% vs 87%; OS 93.8% vs 93.3%              | Actionable                               |
| Kotani/GALAXY 2023 [21]          | Resectable CRC    | Prospective observational             | 1,039             | Tumor-informed ctDNA          | MRD; ACT interaction        | Strong prognostic association                  | Prognostic/<br>predictive<br>exploratory |
| Klein 2021 [16]                  | Pan-cancer        | Independent validation                | 4,077             | Targeted methylation          | Sensitivity/specificity/CSO | High specificity; no outcome benefit           | Diagnostic context                       |
| Schrag/<br>PATHFINDER 2023 [23]  | MCED              | Prospective pathway cohort            | 6,662             | Targeted methylation MCED     | Diagnostic resolution       | Median 79 d                                    | Pathway                                  |
| Abbosh/TRACERx 2023 [13]         | NSCLC             | Prospective translational cohort      | 421               | Tumor-informed ctDNA          | Dissemination/relapse       | Strong prognostic evidence                     | Prognostic                               |
| Kim 2023 [17]                    | Pan-cancer        | Classifier study                      | multiple cohorts  | Methylation/CNV/fragmentation | Detection/CSO               | Improved classifier performance                | Analytical context                       |
| Nakamura/GALAXY 2024 [29]        | Resectable CRC    | Prospective observational             | expanded cohort   | Tumor-informed ctDNA          | DFS/OS                      | MRD strongly associated with survival          | Prognostic                               |
| Turner/c-TRAK TN 2023 [25]       | TNBC              | Prospective surveillance/intervention | 208               | Tumor-informed ctDNA          | Detection and pembrolizumab | 27.3% positive; limited intervention signal    | Actionability caution                    |
| Tie/DYNAMIC-III 2025 [26]        | Stage III colon   | Randomized strategy trial             | 968 evaluable     | Tumor-informed ctDNA          | Risk-adjusted ACT           | Prognostic separation; escalation not superior | Actionability uncertain                  |
| Powles/IMvigor011 2025 [27]      | MIBC              | Phase III RCT                         | 250 randomized    | Tumor-informed ctDNA          | DFS/OS                      | HR 0.64 and 0.59                               | Actionable                               |
| Bando/ALTAIR 2026 [28]           | Resected CRC      | Phase III RCT                         | 243               | Tumor-informed ctDNA          | DFS                         | HR 0.79; primary endpoint negative             | Negative actionability                   |
| Martin-Arana 2025 [22]           | Colon             | Prospective diagnostic/prognostic     | localized cohort  | Tumor-agnostic plasma WES     | MRD sensitivity             | Promising; external validation needed          | Prognostic/<br>technical                 |
| Nadauld/<br>PATHFINDER 2025 [24] | MCED              | Prospective cohort analysis           | PATHFINDER cohort | Participant-reported outcomes | Psychosocial impact         | Transient anxiety effects                      | Harms                                    |

**Supplementary Table S4. Domain-level risk-of-bias and applicability assessment**

| Study or evidence group              | Tool               | Selection or randomization | Deviations or confounding | Missing data  | Outcome or index test                            | Selective reporting | Applicability                                                                                                | Overall judgment           |
|--------------------------------------|--------------------|----------------------------|---------------------------|---------------|--------------------------------------------------|---------------------|--------------------------------------------------------------------------------------------------------------|----------------------------|
| DYNAMIC [14]                         | RoB 2              | Low                        | Low                       | Low           | Low                                              | Low                 | Setting-specific ctDNA-guided strategy                                                                       | <b>Low risk</b>            |
| DYNAMIC 5-year follow-up [15]        | RoB 2              | Low                        | Low                       | Some concerns | Low                                              | Some concerns       | Setting-specific; exploratory ctDNA-clearance analyses                                                       | <b>Some concerns</b>       |
| DYNAMIC-III [26]                     | RoB 2              | Low                        | Some concerns             | Low           | Low                                              | Some concerns       | Complex escalation and de-escalation strategy                                                                | <b>Some concerns</b>       |
| ALTAIR [28]                          | RoB 2              | Low                        | Low                       | Low           | Low                                              | Some concerns       | Heterogeneous disease stages and ctDNA-assessment windows                                                    | <b>Some concerns</b>       |
| IMvigor011 [27]                      | RoB 2              | Low                        | Low                       | Low           | Low                                              | Low                 | Limited to biomarker-selected muscle-invasive bladder cancer and the evaluated assay-treatment combination   | <b>Low risk</b>            |
| GALAXY/CIRCULATE-Japan [21,29]       | QUIPS and ROBINS-I | Moderate                   | Serious confounding       | Moderate      | Low                                              | Moderate            | Observational estimates of adjuvant-treatment benefit                                                        | <b>Moderate to serious</b> |
| IMvigor010 ctDNA analysis [18]       | ROBINS-I           | Moderate                   | Serious                   | Moderate      | Low                                              | Serious             | Exploratory biomarker subgroup analysis not prospectively designed to establish treatment effectiveness      | <b>Serious</b>             |
| c-TRAK TN [25]                       | ROBINS-I           | Moderate                   | Serious                   | Moderate      | Low                                              | Moderate            | Small treated subgroup and frequent radiologically detectable disease at ctDNA detection                     | <b>Serious</b>             |
| TRACERx [2,13]                       | QUIPS              | Moderate                   | Moderate                  | Moderate      | Low                                              | Moderate            | Research cohort with assay-timing and treatment-actionability limitations                                    | <b>Moderate</b>            |
| Breast cancer MRD cohorts [1,7,20]   | QUIPS              | Moderate                   | Moderate                  | Moderate      | Low                                              | Moderate            | Small cohorts, heterogeneous sampling schedules and no randomized intervention test                          | <b>Moderate</b>            |
| DETECT-A [11]                        | QUADAS-2           | Low                        | Not applicable            | Moderate      | Moderate verification concerns                   | Moderate            | Restricted population and non-randomized diagnostic pathway without mortality assessment                     | <b>Moderate</b>            |
| PATHFINDER [23-24]                   | QUADAS-2           | Low                        | Not applicable            | Moderate      | Moderate verification concerns                   | Moderate            | No randomized comparator and incomplete long-term verification of participants with negative results         | <b>Moderate</b>            |
| PATHFINDER 2 [32]                    | QUADAS-2           | Unclear                    | Not applicable            | Unclear       | Low for reported diagnostic-performance measures | Unclear             | Conference abstract with incomplete peer-reviewed methodological reporting                                   | <b>Some concerns</b>       |
| NHS-Galleri [30]                     | Preliminary RoB 2  | Low                        | Low                       | Unclear       | Low                                              | Unclear             | Conference-level reporting and immature mortality follow-up                                                  | <b>Some concerns</b>       |
| CCGA/Klein validation studies [9,16] | QUADAS-2           | Moderate                   | Not applicable            | Low           | Low                                              | Moderate            | Case-control and spectrum effects limit applicability to an intended-use screening population                | <b>Moderate</b>            |
| Kim 2023 [17]                        | QUADAS-2           | High                       | Not applicable            | Unclear       | Moderate                                         | Moderate            | Classifier-development evidence without adequate external validation in an intended-use screening population | <b>High risk</b>           |

**Supplementary Table S5. GRADE evidence profile**

| Outcome                                                | Studies                        | Risk of bias  | Inconsistency             | Indirectness                     | Imprecision                     | Publication bias              | Certainty                |
|--------------------------------------------------------|--------------------------------|---------------|---------------------------|----------------------------------|---------------------------------|-------------------------------|--------------------------|
| Reduced ACT without RFS loss in stage II colon [14-15] | 1 RCT + follow-up              | Not serious   | Not applicable            | Serious: single setting/strategy | Serious: non-inferiority margin | Undetected                    | Moderate                 |
| DFS/OS benefit in ctDNA-positive MIBC [27]             | 1 phase III RCT                | Not serious   | Not applicable            | Not serious for studied setting  | Not serious                     | Undetected                    | High                     |
| Stage III colon ctDNA-guided strategy [26]             | 1 randomized strategy trial    | Some concerns | Not applicable            | Serious                          | Serious                         | Undetected                    | Low-moderate             |
| Treatment at molecular recurrence [25,28]              | 2 intervention studies         | Serious       | Serious                   | Serious                          | Serious                         | Possible                      | Low                      |
| Post-treatment MRD prognosis [1-2,5-7,13,18-22,29]     | Multiple cohorts               | Moderate      | Not serious directionally | Moderate                         | Variable                        | Possible                      | Moderate                 |
| MCED diagnostic feasibility [11,23-24,32]              | Prospective pathways           | Moderate      | Moderate                  | Serious for mortality benefit    | Not serious for performance     | Possible industry sponsorship | Moderate for feasibility |
| MCED late-stage/mortality benefit [30-31]              | 1 RCT abstract + ongoing trial | Some concerns | Not applicable            | Serious                          | Serious                         | Possible                      | Very low-low             |

**Supplementary Table S6. Completed PRISMA 2020 checklist**

| Item | Topic                        | Requirement addressed                                                 | Location in manuscript |
|------|------------------------------|-----------------------------------------------------------------------|------------------------|
| 1    | Title                        | Identifies the report as a systematic review                          | Title page             |
| 2    | Abstract                     | Structured summary with objectives, methods, results, and conclusions | Abstract               |
| 3    | Rationale                    | Rationale in context of existing knowledge                            | Introduction           |
| 4    | Objectives                   | Explicit review objective and domains                                 | Introduction           |
| 5    | Eligibility criteria         | Inclusion/exclusion criteria and grouping for synthesis               | Section 2.1            |
| 6    | Information sources          | Databases, registries, and update search with dates                   | Section 2.2; Table S1  |
| 7    | Search strategy              | Full strategies for all sources                                       | Table S1               |
| 8    | Selection process            | Independent screening and conflict resolution                         | Section 2.3            |
| 9    | Data collection process      | Independent extraction process                                        | Section 2.4            |
| 10a  | Data items - outcomes        | Outcome definitions                                                   | Section 2.4            |
| 10b  | Data items - other variables | Study and assay variables                                             | Section 2.4; Table S3  |
| 11   | Risk of bias                 | Tools and process by design                                           | Section 2.5; Table S4  |
| 12   | Effect measures              | HR, RR, proportions, medians, and CIs                                 | Tables 2 and S3        |
| 13a  | Synthesis eligibility        | Separate MRD, prognosis, MCED, and harms groups                       | Section 2.6            |
| 13b  | Data preparation             | Narrative harmonization and no imputation                             | Section 2.6            |
| 13c  | Presentation methods         | Structured tables and narrative synthesis                             | Results; Tables 1-4    |
| 13d  | Synthesis methods            | Meta-analysis not performed because of heterogeneity                  | Section 2.6            |
| 13e  | Heterogeneity exploration    | Clinical sources discussed narratively                                | Results; Discussion    |
| 13f  | Sensitivity analyses         | Not performed; not applicable without meta-analysis                   | Section 2.6            |
| 14   | Reporting bias assessment    | Considered in GRADE                                                   | Section 2.5; Table S5  |
| 15   | Certainty assessment         | GRADE domains and outcome-level ratings                               | Section 2.5; Table S5  |
| 16a  | Study selection results      | Flow counts and diagram                                               | Section 3.1; Figure 1  |
| 16b  | Excluded studies             | Category-level reasons; citation log to archive                       | Table S2               |
| 17   | Study characteristics        | Characteristics and full extraction                                   | Table 1; Table S3      |
| 18   | Risk of bias results         | Overall and domain-level judgments                                    | Table 3; Table S4      |

| Item | Topic                                     | Requirement addressed                                                       | Location in manuscript          |
|------|-------------------------------------------|-----------------------------------------------------------------------------|---------------------------------|
| 19   | Individual study results                  | Sample sizes and numerical estimates                                        | Table 2; Table S3               |
| 20a  | Synthesis results - contributing studies  | Studies grouped by clinical domain                                          | Sections 3.3-3.6                |
| 20b  | Synthesis results - statistical synthesis | Not applicable; no meta-analysis                                            | Section 2.6                     |
| 20c  | Synthesis results - heterogeneity         | Narrative explanation                                                       | Results; Discussion             |
| 20d  | Synthesis results - sensitivity           | Not applicable                                                              | Section 2.6                     |
| 21   | Reporting biases                          | Considered qualitatively and in GRADE                                       | Section 5; Table S5             |
| 22   | Certainty of evidence                     | Outcome-level certainty ratings                                             | Section 5; Tables 4 and S5      |
| 23a  | Discussion - interpretation               | Interpretation in relation to evidence                                      | Section 6                       |
| 23b  | Discussion - evidence limitations         | Risk of bias, indirectness, heterogeneity                                   | Sections 5-7                    |
| 23c  | Discussion - review limitations           | Review-process limitations                                                  | Section 7                       |
| 23d  | Discussion - implications                 | Practice and research implications                                          | Sections 6 and 8                |
| 24a  | Registration                              | Not prospectively registered                                                | Section 2.1                     |
| 24b  | Protocol                                  | No public protocol available                                                | Section 2.1                     |
| 24c  | Amendments                                | No protocol amendments reported                                             | Section 2.1                     |
| 25   | Support                                   | Funding information was not provided in the source manuscript.              | Funding                         |
| 26   | Competing interests                       | Conflict-of-interest information was not provided in the source manuscript. | Conflicts of interest           |
| 27   | Availability of data/materials            | Study-level data and supplementary materials provided                       | Data availability; Tables S1-S7 |

**Supplementary Table S7. Data extraction template**

| Domain                      | Variables                                                                                                | Instructions                                                      |
|-----------------------------|----------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------|
| Identification              | Author, year, journal, DOI, PMID, registry identifier                                                    | Record exactly as reported                                        |
| Population                  | Cancer type, stage, setting, age, inclusion/exclusion criteria, sample size                              | Separate screened, enrolled, randomized, and analyzed populations |
| Study design                | RCT, intervention cohort, prognostic cohort, diagnostic pathway, classifier validation                   | Specify prospective/retrospective and single-/multicenter         |
| Assay                       | ctDNA/cfDNA target, tumor-informed vs tumor-agnostic, platform, threshold, blinding                      | Record version and timing of assay                                |
| Sampling                    | Postoperative window, serial schedule, preanalytical handling                                            | Record time from treatment to blood draw                          |
| Clinical algorithm          | Action after positive/negative test, comparator, confirmatory work-up                                    | Required for actionability assessment                             |
| Outcomes                    | RFS, DFS, OS, recurrence, treatment exposure, toxicity, PPV, specificity, sensitivity, resolution, harms | Use study definitions and time horizons                           |
| Effect estimates            | Events, proportions, HR/RR/OR, 95% CI, P value                                                           | Extract adjusted and unadjusted estimates separately              |
| Risk of bias                | Tool, domain judgments, support for judgment                                                             | RoB 2, QUIPS, ROBINS-I, or QUADAS-2                               |
| Certainty and applicability | GRADE domains, clinical applicability, funding, conflicts                                                | Separate prognostic validity from clinical utility                |